

7-25-2026

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First, I would like to thank the staff at the ombudsman office, the CAC, and all those who are in attendance for allowing me the opportunity to tell you of my experiences in here as a prisoner in Connecticut's Department of Corrections, and to express some of my concerns that are not only effecting myself, and other prisoners who are currently in my situation. But also effecting the tax payers who are unaware, and in some cases misinformed about the reality of connecticut's Department of Correction.

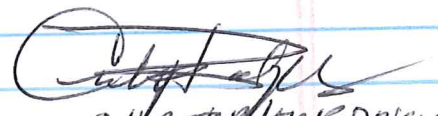
As for myself, I am currently in Osborn C.I. Serving a 17 year sentence for a crime I didn't commit. During my time in the Department of Correction my health has taken a turn for the worse, I am losing the ability to walk on my right leg, I have been urinating blood, I have been vomitting blood, the medical staff have found something in my body cause by this contaminated water, everyday I am in constant pain and other issues, which has yet to be addressed by the medical department, medical staff would give me different medication so they could keep the opiod, this is even after writing numerous request to several branches and captains. of the Department of Correction.

There has been times where I have been force to go to bed in pain, there ~~was~~ were time I did number 2 on myself because of my issue with holding it in. I had to wash my boxers, they did not want to get the approval of male diapers the medical department gave supply only to people who didn't bother them. I have been threaten with punitive if I was to bring this up to anyone. There is a wider cover-up of the system and policies in place by former and current Department of correction administration for fear of exposure, That the system has fail and has for some time now. Osborn is feasted with rats and mice the eat the commissary food that are store they urine on your sneakers, drops in you pudding, but you can't bring this up. As of today there is no way to show or hold those responsible for the mistreatment of prisoners. With the latest system and policies in place there is no way to prove to the outside public because our mail get check before leaving the facility, they watch everything that ~~what~~ is happening is actually taking place, with all due respect, this is even with the ombudsman doing audits of this said system. I would like to also mention the quality and types of products being sold on commissary. we are being sold food that require to be properly cooked without the ~~the~~ necessary means to do so, they sell more sweets than protien and it is sold 3x more or 2x its worth and the lack of healthy and religious options.

I really want people to see us as a person with the potential to change rather than just a number, and a paycheck needing to be locked away is the difference between real reform and re-offending, because the fact of the matter is that the majority of the prison population will be released back into each and everyone of those who are present here today communities at some point in time, that is inevitable. You honorable people have the opportunity on how many of us will return to those communities.

In closing I would like to thank you for your time and the opportunity to express some of my health problems and concerns. I pray to God that he will give everyone who are involved the wisdom and knowledge to do what has to be done for all of connecticuts population.

Respectfully



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Respectfully,

Christopher D. Brown
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